Hawaiʻi's reliance on imported staples is risky and costly.

If imports were disrupted Hawai'i would have less than a week's supply of food.

\$3.1 BILLION

leaves the state annually

to support agriculture elsewhere.

DE LA DERUIT

'Ulu is one of the world's only perennial staple crops that grows on trees, sequestering carbon and helping to fight climate change.

Over 99% of Hawai'i's staple foods are currently imported – mainly rice, wheat, and corn.

Yet, just a few hundred years ago, the islands were completely self-sufficient – and 'ulu was a BIG part of the solution.



Hawaiian moʻolelo
teaches that 'ulu is a gift
from the god Kū, ensuring
food security, abundance,
and resilience for
generations.

Replacing just 10% of imported food with locally grown staples

would generate
\$313 million
and create
2300 jobs!

source: DBEDT

Recipe-Ready Breadfruit

Minimally processed 'ulu provides a stable and broader market for farmers and has a 1 year shelf life if kept frozen.

> 'Ulu flour has a shelf life of 2 years if kept sealed.



Farmer-owned, 'āina grown

The Hawai'i 'Ulu Cooperative is committed to the revival of 'ulu to strengthen Hawai'i's food security and to the value of mālama 'āina – care or protection of the earth.







Indigenous Cropping Systems



SCAN ME

WWW.EATBREADFRUIT.COM